

L.A. Bariatrics

Preoperative Patients- Mandatory (2)

Support Group: Marina del Rey Hospital

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Anne Anderson, LCSW, and Kerry Willard, PT

WHEN: 1:00 pm to 2:00 pm

WHERE: Marina del Rey Hospital
4650 Lincoln Blvd.
Marina del Rey, CA 90292
Outpatient Services- Conference Room

WHO: Pre-operative bariatric surgery patients. As this is an adult setting, we request that no children attend. Please arrive on time, all sign-in sheets will be picked up 15 minutes after the start of the group.

CONFIDENTIALITY STATEMENT:

Discussions held within the confines of this support group are to be honored, respected and deemed confidential and not to be shared with others outside of the group.

FORMAT:

Introductions
Discussion (topic driven/current events)
Open forum

TOPICS:

MONTH	DATE	TOPIC
July	07/19/2008	Open Forum
August	08/16/2008	Optimal Nutrition Prior to Surgery- Krochmal ABFM ABPNS
September	09/20/2008	Preparing for Surgery - Part 1 - Medical
October	10/18/2008	Preparing for Surgery - Part 2 - Nutrition
November	11/15/2008	Preparing for Surgery - Part 3 - Psychosocial
December	12/20/2008	Preparing for Surgery - Part 4 - Physical

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L.A. Bariatrics
Support Group: Marina del Rey Hospital
Postoperative

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Anne Anderson, LCSW, and Kerry Willard, PT

WHEN: 10:00 am to Noon

WHERE: Marina del Rey Hospital
4650 Lincoln Blvd.
Marina del Rey, CA 90292
Outpatient Services Conference Room

WHO: Post-operative Bariatric surgery patients.
As this is an adult setting, we request that no children attend.

CONFIDENTIALITY STATEMENT:

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FORMAT:

Introductions
Discussion (topic driven/current events)
Open forum

TOPICS:

MONTH	DATE	TOPIC
July	07/19/2008	Open Forum
August	08/16/2008	Using Food as Medicine - Dr. Krochmal, ABFM, ABPNS
September	09/20/2008	Plastic Surgery- Dr. Susan Downey
October	10/18/2008	Supermarket Sweep - Julie Oldenburg, RD
November	11/15/2008	Getting Through The Holidays
December	12/20/2008	Battling Plateaus- A team approach

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L.A. Bariatrics
Support Group: Marina del Rey Hospital

Lap Band

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD and Anne Anderson, LCSW

WHEN: 12:00-1:00

WHERE: Marina del Rey Hospital
4650 Lincoln Blvd.
Marina del Rey, CA 90292
Outpatient Services Conference Room

WHO: Pre-operative and post-operative Lap Band surgery patients.
As this is an adult setting, we request that no children attend.

CONFIDENTIALITY STATEMENT:

Discussions held within the confines of this support group are to be honored, respected and deemed confidential and not to be shared with others outside of the group.

FORMAT:

Introductions
Discussion (topic driven/current events)
Open forum

TOPICS:

MONTH	DATE	TOPIC
July	07/19/2008	Open Forum
August	08/16/2008	Using Food as Medicine - Dr. Krochmal, ABFM, ABPNS
September	09/20/2008	Plastic Surgery-Lap Band- Dr. Susan Downey
October	10/18/2008	Supermarket Sweep - Julie Oldenburg, RD
November	11/15/2008	Getting Through The Holidays
December	12/20/2008	Battling Plateaus- A team approach

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