

CENTER FOR SURGICAL WEIGHT CONTROL

Preoperative Patients- Mandatory (2)

**Support Group: Centinela Freeman Regional Medical Center
Marina Campus**

**Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Anne
Anderson, LCSW, and Kerry Willard, PT**

WHEN: 1:00 pm to 2:00 pm

**WHERE: Santa Barbara Room
Courtyard Marriott Marina del Rey
13480 Maxella Avenue
Marina del Rey, CA 90292**

WHO: Pre-operative bariatric surgery patients. As this is an adult setting, we request that no children attend. Please arrive on time, all sign-in sheets will be picked up 15 minutes after the start of the group.

CONFIDENTIALITY STATEMENT:

Discussions held within the confines of this support group are to be honored, respected and deemed confidential and not to be shared with others outside of the group.

FORMAT:

**Introductions
Discussion (topic driven/current events)
Open forum**

TOPICS:

MONTH	DATE	TOPIC
January	01/19/2008	Preparing for Surgery- Part 1 - Nutrition
February	02/16/2008	Preparing for Surgery- Part 2 - Medical
March	03/15/2008	Preparing for Surgery- Part 3 - Psychosocial
April	04/19/2008	Preparing for Surgery- Vitamins
May	05/17/2008	Open Forum
June	06/21/2008	Preparing for Surgery- Part 4- Physical

CENTER FOR SURGICAL WEIGHT CONTROL
Support Group: Centinela Freeman Regional Medical Center
Marina Campus
Postoperative

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Anne Anderson, LCSW, and Kerry Willard, PT

WHEN: 10:00 am to Noon

WHERE: Santa Barbara Room
Courtyard Marriott Marina del Rey
13480 Maxella Avenue
Marina del Rey, CA 90292

WHO: Post-operative Bariatric surgery patients.
As this is an adult setting, we request that no children attend.

CONFIDENTIALITY STATEMENT:

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FORMAT:

Introductions
Discussion (topic driven/current events)
Open forum

TOPICS:

MONTH	DATE	TOPIC
January	01/21/2008	Back on Track – Leslie Jester
February	02/16/2008	Patient Celebration
March	03/15/2008	Plastic Surgery- Dr. Stoker
April	04/19/2008	Preventing Vitamin Deficiencies- Preparing your body for plastic surgery- Dr. Jacques
May	05/17/2008	When eating is addictive- Anne Anderson, LCSW
June	06/21/2008	Moving through your Plateau- Kerry Willard, PT

CENTER FOR SURGICAL WEIGHT CONTROL
Support Group: Centinela Freeman Regional Medical Center
Marina Campus
Lap Band

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD and Anne Anderson, LCSW

WHEN: 12:00-1:00

WHERE: Santa Barbara Room
Courtyard Marriott Marina del Rey
13480 Maxella Avenue
Marina del Rey, CA 90292

WHO: Pre-operative and post-operative Lap Band surgery patients.
As this is an adult setting, we request that no children attend.

CONFIDENTIALITY STATEMENT:

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FORMAT:

Introductions
Discussion (topic driven/current events)
Open forum

TOPICS:

MONTH	DATE	TOPIC
January	01/19/2008	Making the most of your meals- Julie Oldenburg, RD
February	02/16/2008	Patient Celebration
March	03/15/2008	Plastic Surgery-Lap Band- Dr. Stoker
April	04/19/2008	Dr. Jacques- Preventing Vitamin Deficiencies- Preparing your body for plastic surgery
May	05/17/2008	When eating is addictive- Anne Anderson,LCSW
June	06/21/2008	Moving through your Plateau- Kerry Willard, PT