

L.A. Bariatrics

Preoperative Patients- Mandatory (2)

Support Group: Marina Del Rey Hospital

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Melissa Arizpe, PsyD, and Kerry Willard, PT

WHEN: 1:00 pm to 2:00 pm

WHERE: Marina Del Rey Hospital
4650 Lincoln Blvd.
Marina del Rey, CA 90292
Playa Conference Room

WHO: Pre-operative bariatric surgery patients. As this is an adult setting, we request that no children attend. Please arrive on time, all sign-in sheets will be picked up 15 minutes after the start of the group.

CONFIDENTIALITY STATEMENT:

Discussions held within the confines of this support group are to be honored, respected and deemed confidential and not to be shared with others outside of the group.

FORMAT:

- Introductions
- Discussion (topic driven/current events)
- Open forum

TOPICS:

MONTH	DATE	TOPIC
January	01/16/2010	Preparing for Surgery- Part 1 -Physical
February	02/20/2010	Open Forum
March	03/20/2010	Preparing for Surgery- Part 2- Medical
April	04/17/2010	Preparing for Surgery- Part 3- Psychosocial
May	05/15/2010	Preparing for Surgery- Part 4- Nutrition - 1
June	06/19/2010	Preparing for Surgery- Part 5- Nutrition - 2

L.A. Bariatrics
Support Group: Marina Del Rey Hospital

Postoperative

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Melissa Arizipe, PsyD, and Kerry Willard, PT

WHEN: 11:30 am to 1:00pm

WHERE: Marina Del Rey Hospital
4650 Lincoln Blvd.
Marina del Rey, CA 90292
Playa Conference Room

WHO: Post-operative Bariatric surgery patients- one year or more.
As this is an adult setting, we request that no children attend.

CONFIDENTIALITY STATEMENT:

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FORMAT:

- Introductions
- Discussion (topic driven/current events)
- Open forum

TOPICS:

MONTH	DATE	TOPIC
January	01/16/2010	Plateau? Now What?
February	02/20/2010	Patient Celebration
March	03/20/2010	Open Forum- Leslie Jester
April	04/17/2010	Plastic Surgery - Dr. Stoker
May	05/15/2010	Avoid Vitamin Deficiencies- Dr. Jacques
June	06/19/2010	Back 2 Basics

L.A. Bariatrics
Support Group: Marina Del Rey Hospital

Postoperative

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Melissa Arizpe, PsyD, and Kerry Willard, PT

WHEN: 10:00 am to 11:30

WHERE: Marina Del Rey Hospital
4650 Lincoln Blvd.
Marina del Rey, CA 90292
Playa Conference Room

WHO: Post-operative Bariatric surgery patients one year or less.
As this is an adult setting, we request that no children attend.

CONFIDENTIALITY STATEMENT:

Discussions held within the confines of this support group are to be honored, respected and deemed confidential and not to be shared with others outside of the group.

FORMAT:

- Introductions
- Discussion (topic driven/current events)
- Open forum

TOPICS:

MONTH	DATE	TOPIC
January	01/16/2010	Plateau? Now What?
February	02/20/2010	Patient Celebration
March	03/20/2010	Back to Basics Review- Leslie Jester
April	04/17/2010	Plastic Surgery - Dr. Stoker
May	05/15/2010	Avoid Vitamin Deficiencies - Dr. Jacques
June	06/19/2010	Back 2 Basics