

L.A. Bariatrics
Support Group: Marina Del Rey Hospital

Lap Band

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Anne Anderson, LCSW and Kerry Willard, PT

WHEN: 12:00-1:00

WHERE: Marina Del Rey Hospital
4650 Lincoln Blvd.
Marina del Rey, CA 90292
Playa Conference Room

WHO: Pre-operative and post-operative Lap Band surgery patients.
As this is an adult setting, we request that no children attend.

CONFIDENTIALITY STATEMENT:

Discussions held within the confines of this support group are to be honored, respected and deemed confidential and not to be shared with others outside of the group.

FORMAT:

- Introductions
- Discussion (topic driven/current events)
- Open forum

TOPICS:

MONTH	DATE	TOPIC
January	01/17/2009	Jump Start the New Year- Kerry Willard PT
February	*02/14/2009*	Patient Celebration
March	03/21/2009	Dr. Jacques - Preventing Vitamin Deficiencies
April	04/18/2009	Deprivation is your worst enemy - Anne Anderson, LCSW
May	05/16/2009	Bariatric Meal Prep / Restaurant Dining Guide- Julie Oldenburg, RD
June	06/20/2009	Plastic Surgery

L.A. Bariatrics

Preoperative Patients- Mandatory (2)

Support Group: Marina Del Rey Hospital

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Anne Anderson, LCSW, and Kerry Willard, PT

WHEN: 1:00 pm to 2:00 pm

WHERE: Marina Del Rey Hospital
4650 Lincoln Blvd.
Marina del Rey, CA 90292
Playa Conference Room

WHO: Pre-operative bariatric surgery patients. As this is an adult setting, we request that no children attend. Please arrive on time, all sign-in sheets will be picked up 15 minutes after the start of the group.

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FORMAT:

- Introductions
- Discussion (topic driven/current events)
- Open forum

TOPICS:

MONTH	DATE	TOPIC
January	01/17/2009	Preparing for Surgery- Part 1 -Physical
February	*02/14/2009*	Open Forum
March	03/21/2009	Preparing for Surgery- Part 2- Medical
April	04/18/2009	Preparing for Surgery- Part 3- Psychosocial
May	05/16/2009	Preparing for Surgery- Part 4- Nutrition - 1
June	06/20/2009	Preparing for Surgery- Part 5- Nutrition - 2

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Postoperative

Facilitated by Bridgette Agee, RN, Julie Oldenburg, RD, Anne Anderson, LCSW, and Kerry Willard, PT

WHEN: 10:00 am to Noon

WHERE: Marina Del Rey Hospital
4650 Lincoln Blvd.
Marina del Rey, CA 90292
Playa Conference Room

WHO: Post-operative Bariatric surgery patients.
As this is an adult setting, we request that no children attend.

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FORMAT:

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